



KERRISDALE FSC NEWSLETTER

ISSUE: WINTER 2023

"My main competitor is myself."

– Evgeni Plushenko, four-time Olympic medallist



Happy New Year! We hope everyone had a restful holiday break. We were excited to welcome back familiar faces in January, and some new faces too! 2023 is sure to be an exciting year for our Club – read on to find out more!

Under the Big Top!

We are SO very excited for the return of our Ice Show with this year's theme being a circus one: Under the Big Top! It will be held on **Saturday, March 11th (the first weekend of Spring Break) from 1:30–3:30 at Kerrisdale Arena.**

Tickets to attend are \$5 (with children under the age of 18 free!). Click [here](#) to purchase them in advance and save the hassle of cash at the door.

Are you able to volunteer your time? We are looking for child wranglers, costume sewers and overall helpers. Please email info@skatekerrisdale.com if you are able to help!



COMPETITION RESULTS

Congratulations to all of our skaters who competed in 2023 Winterskate & BC Coast Regional Championships, held February 4–6. Our skaters represented the Club so well, and we had some fabulous results! A very special  congratulations to **Polina Balabardina**, who placed first at the competition as **BC Coast Champion Juvenile Ladies U12!**

Also a special congratulations to our StarSkate medallists:

Katelyn Wei (Gold, Star 4 U10)
Haley Shum (Gold, Star 4 130)
Claire Liu (Gold, Star 7)
Sofie Li (Bronze, Star 7)

We are so proud of ALL of our skaters and we look forward to seeing them continue to achieve their personal bests at the next competition!

PRO-D SIMULATION DAY FRIDAY, FEBRUARY 17TH 9:45–11:45 AM

We will be hosting a competition simulation on Friday, February 17th. It's a great opportunity for our skaters to perform their programs on clear ice and experience the format of competition.

Afterwards, skaters registered for the simulation are welcome to stay on the ice for the duration of the session to continue working on their programs.

Curious? We welcome you to come check it out and cheer on our skaters!



WINTERSKATE SUCCESS!

It was wonderful to see a great turnout for the return of our annual holiday celebration! Thank you to everyone who attended and helped make it so much fun!



QUESTIONS? CONCERNS? PLEASE REACH OUT!

Michelle Uyeda, Club President: info@skatekerrisdale.com

Shannon Balabardin, Program Admin. & CanSkate Coordinator: nsb_sk8@yahoo.ca

Nikolai Balabardin, Skating Director & Future Stars Coordinator: nsb_sk8@yahoo.ca

2022 BC/YT ADULT COMPETITION



A huge congratulations to our Adult Skaters who represented the Club on December 10th at the BC/YT Adult Competition.

Marcia Moitoso placed 2nd in Adult Gold Free Skating, **Alani Van** placed 1st in Adult Intro Open Free Skating, **Sarah Seplin** placed 1st in Intro Artistic, and **Kathleen Bolton** placed 3rd in Intro Artistic.

Congratulations and well done! 😊



COACH'S TIP

Stretching is part of a skater's daily routine, even at home, on non-skating days.

– Coach Nikolai Balabardin